SRI VASAVI ENGINEERING COLLEGE (AUTONOMOUS)



(Sponsored by Sri Vasavi Educational Society)

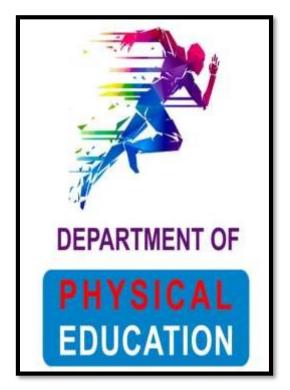
(Approved by AICTE, New Delhi & Permanently affiliated to JNTUK, Kakinada) (Accredited by NAAC with 'A' Grade, Recognized by UGC under section 2(f) & 2(B)) (NBA Accreditation to B.Tech. EEE, CSE, ME and ECE Branches for 3 Years) Pedatadepalli, TADEPALLIGUDEM – 534 101. W.G.Dist. (A.P)

DEPARTMENT OF PHYSICAL EDUCATION

PHYSICAL EDUCATION ACTIVITIES: 2022-2023

The Physical Education & Sports Department in Sri Vasavi Engineering college is a crucial divisiondedicated to fostering physical fitness, sportsmanship, and overall well-being among students. It encompasses a comprehensive array of activities, courses, and facilities designed to encourage an active and healthy lifestyle while providing opportunities for sports enthusiasts to excel in various disciplines.

To promote engagement and camaraderie among students, the department organizes intramural sports and recreational activities on campus. These events allow students to participate in friendly competitions, fostering teamwork, cooperation, and a sense of belonging within the college community. For those students who possess a higher level of skill and competitive spirit, the department supports and manages competitive sports teams that represent the college in intercollegiate competitions and tournaments. Being part of these teams provides talented athletes with the opportunity to showcase their abilities and represent their institution with pride.



In conclusion, the Physical Education & Sports Department in college plays a pivotal role

in promoting physical fitness, instilling sportsmanship, nurturing an active lifestyle, and providing students with opportunities to excel in sports and physical activities. By fostering personal growth, encouraging teamwork, and creating a vibrant campus environment, the department enriches the college experience for all students.

INTERNATIONAL YOGA DAY 2022

The theme for International Day of Yoga 2022 is "Yoga for humanity". Yoga is universal — it can be practised anywhere, at any time, and by anyone irrespective of age, gender, culture or nationality. Yoga is a powerful tool for individuals, communities and countries to improve both mental and physical health.

Yoga has been shown to have immediate psychological benefits, decreasing anxiety and stress, and increasing feelings of emotional and social well-being. It helps prevent and control non-communicable diseases (NCDs) — cardiovascular diseases, cancer, chronic respiratory diseases and diabetes, among others — that are a rising cause of disability and premature death.

Yoga has helped hundreds of millions of people across the world stay healthy during the COVID-19 pandemic. This is consistent with the <u>WHO principle</u> that states, "Health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity".

We are thrilled to share that our esteemed Principal and College Management actively participated in International Yoga Day celebrations!

Yoga is not just an exercise; it's a way of life that nurtures the mind, body, and soul. With a strong belief in the significance of holistic well-being, our college emphasizes the importance of yoga and its incredible benefits.

As a college, we believe that practicing yoga fosters inner peace, reduces stress, and enhances overall mental and physical health. It aligns with our vision of nurturing well-rounded individuals who are not only academically competent but also spiritually and emotionally grounded.

We express our heartfelt gratitude to everyone who made this event a resounding success, including our dedicated students, supportive faculty, and the yoga enthusiasts who joined us from far and wide.

























NATIONAL SPORTS DAY

India celebrates National Sports Day on 29th August to commemorate the birth anniversary of hockey legend, Major DHYAN CHAND. The day is also dedicated to the nations' sports heroes and champions, honoring their contribution and dedication towards bringing laurels to the country. With the aim to raise awareness about the values of sports: discipline, perseverance, sportsman spirit, teamwork, and to encourage public in large to take up sports and make it an integral part of their lives while emphasizing on the importance of being fit and healthy.









The Prize Distribution ceremony was a moment of immense pride and joy as our esteemedfaculty members, staff, and college management bestowed well-deserved awards upon our deserving champions. \(\mathbb{Y} \) Witnessing the beaming smiles and sense of accomplishment on their faces was truly heartwarming!











VOLLEYBALL TOURNAMENT

The Volleyball Tournament served as a fantastic platform for fostering a sense of unity and camaraderie among the college community. It encouraged students to embrace a healthy and active lifestyle while emphasizing the importance of sportsmanship and teamwork.

















Finals and Prize Distribution:

After several rounds of intense matches, the top contenders emerged for the finals. The final matches were particularly thrilling, captivating the attention of everyone present. Ultimately, the winners were crowned, and deserving participants were recognized for their outstanding performances.



















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Acknowledgments:

We extend our heartfelt appreciation to all the participants, volunteers, and organizers who contributed to making this event a memorable one. The enthusiasm displayed throughout the tournament was truly commendable, and we look forward to organizing more such events in the future.

We would like to express our gratitude to our Principal & Management for their support and contributions, without which this event would not have been possible.

INTER-UNIVERSITY PARTICIPATION: UGC had form apex body for the conduct of Games & Sports between the Universities i.e. is Inter University Board (IUB). Our college was afflicted to the JNTU university –Kakinada which consists of 220+ colleges in it's under. We conduct selection trials forevery game and analyze the player's level, train them all the days up to elite performance. Those students will take part in the University team selections. That selected students will represent the University from our college & take part in Inter-University Compilations held at respective venues.

S.	Student name	Roll No.	Game/S	Inter-UniversityVenue
No			port	· ·
1.	Y.RAVITEJA	20A85A01	ATHLE	Tamilnadu Sports University,
		2	TICS	Chennai
		8		
2.	K.Sujitha(W)	20a81a0486	Table	Jain University Banglore
	• • •		Tennis	, 0
3.	P.Sri Pavani(W)	20a81a04b0	Ballbad	Srm University,Tamilnadu
	, ,		minton	·
4.	M.Saisrilakshmi(W)	19a81a0425	Suttule	Jain University ,Banglore
			Badminton	, ,
5.	D.D.S.V.R.Praneeth	20a81a0510	Rope	Lnct University, Bhopal
	a(W)		Skipping	
6.	R.Kavya	19a81a0652	Rope	Lnct University, Bhopal
	Nagasree(W)		Skipping	
7.	M.Vathsalya(W)	20a81a0628	Handball	Mahathma Gandhi University.
			Hanuvall	Kottaya,Kerala
8.	B.Bhargavi(W)	22a81a0604	Handball	Mahathma Gandhi University.
			Halluball	Kottaya,Kerala

Inter University selections are a great opportunity for the students to participate in the national level competitions where hundreds of universities & Thousands of students all at one stage for pride. These students are now eligible for the sports quota in all the Govt. recruitment jobs & further studies admissions according to the Sports Authority of India. Not only health& fun Sports can also help in the career settlements.

JNTUK Central Zone ICT MEDAL WINNERS

S.No	Name of the student	Roll No.	Event Name	Venue	Position
1.	Y.Ravi Teja	20A85A0128	Long Jump	ADITYA,,Surampa lem	GOLD
2.	Y.Ravi Teja	20A85A0128	200 MTRS	ADITYA,,Surampa lem	SILVER
3.	P.SAKULJI	22A81A0416	4*100	ADITYA,,Surampa lem	BRONZ
4.	G.PRATHAP	21A81A04F0	Relay Race	ADITYA,,Surampa lem	E
5.	U.L.PRAMOD	22A85A0516	Tuo	ADITYA,,Surampa lem	
6.	Y.Ravi Teja	20A85A0128		ADITYA,,Surampa lem	
7.	V.CHERISH	20A81A05C7	TABLE TENNIS	SRG ENGG College	SILVER

8.	N.SATYA SAI DURGA PAVAN	20A81A05A6	TABLE TENNIS	SRG College	ENGG SILVER
9.	CH.HEMANTH	21A81A6110	TABLE	SRG	ENGG SILVER
	NAGENDRA		TENNIS	College	
	KUMAR			"	
10	A.M.BALA	21A81A0305	TABLE	SRG	ENGG SILVER
	VENKATA SAI		TENNIS	College	
11	N.GANESH	22A81A0342	TABLE	SRG	ENGG SILVER
			TENNIS	College	

Nationals, States & Dist level Selections. Nationals where states players fight, State where Dist. players fight &Dist where regional players. This is also a gate way for the students to take part in game at different levels and Places with the spirit of sports. We also train the students for every level according to the interest.

S.N o	Student Name	RollNo.	Game/Sp ort	Level of Participation
1.	k.JAYA VARMA	20A81A	KABADD	AP CM CUP Championship-
		0424	I	2023,Tanuku
2.	D.BALA MURALI	21A81A	NETBAL	Sr.State Championship- 2023,Vijayawada
	KRISHNA	0412	L	2025, v ija yawada
3.	M. DURGA	20A81A	Cricke	1.Sr.State Championship-
	ABHINAY	0535		2023,Vijayawada
				2.U-25 State Championship- 2023,N.R.Peta
4.	I.MUKESH	21A85A	BODYBI	1. Vijayawa Zone Championship 1st
	CHANDRA	0416	LDING	Place-2022
				2. AP State Championship 3rd Place-2022